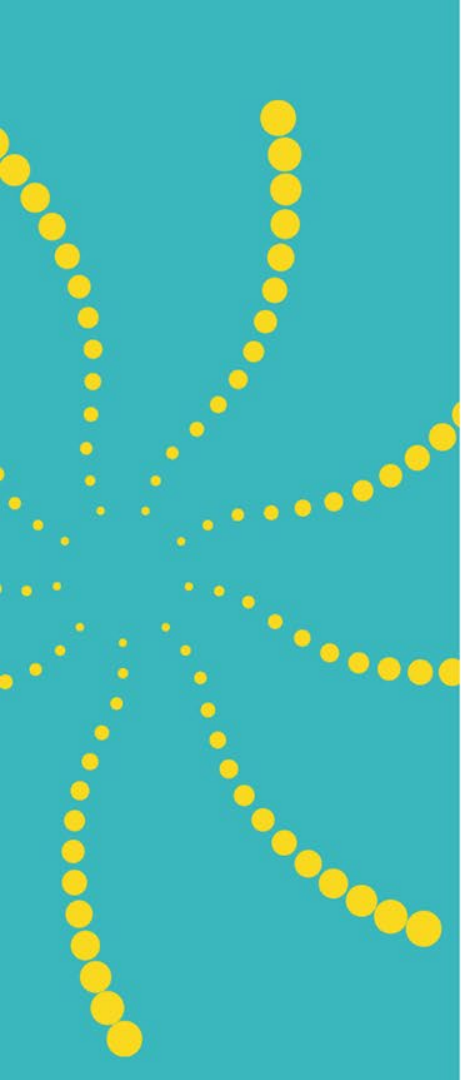




To Share or Not to Share

Moving Storytime

Unit 5 Lesson 6

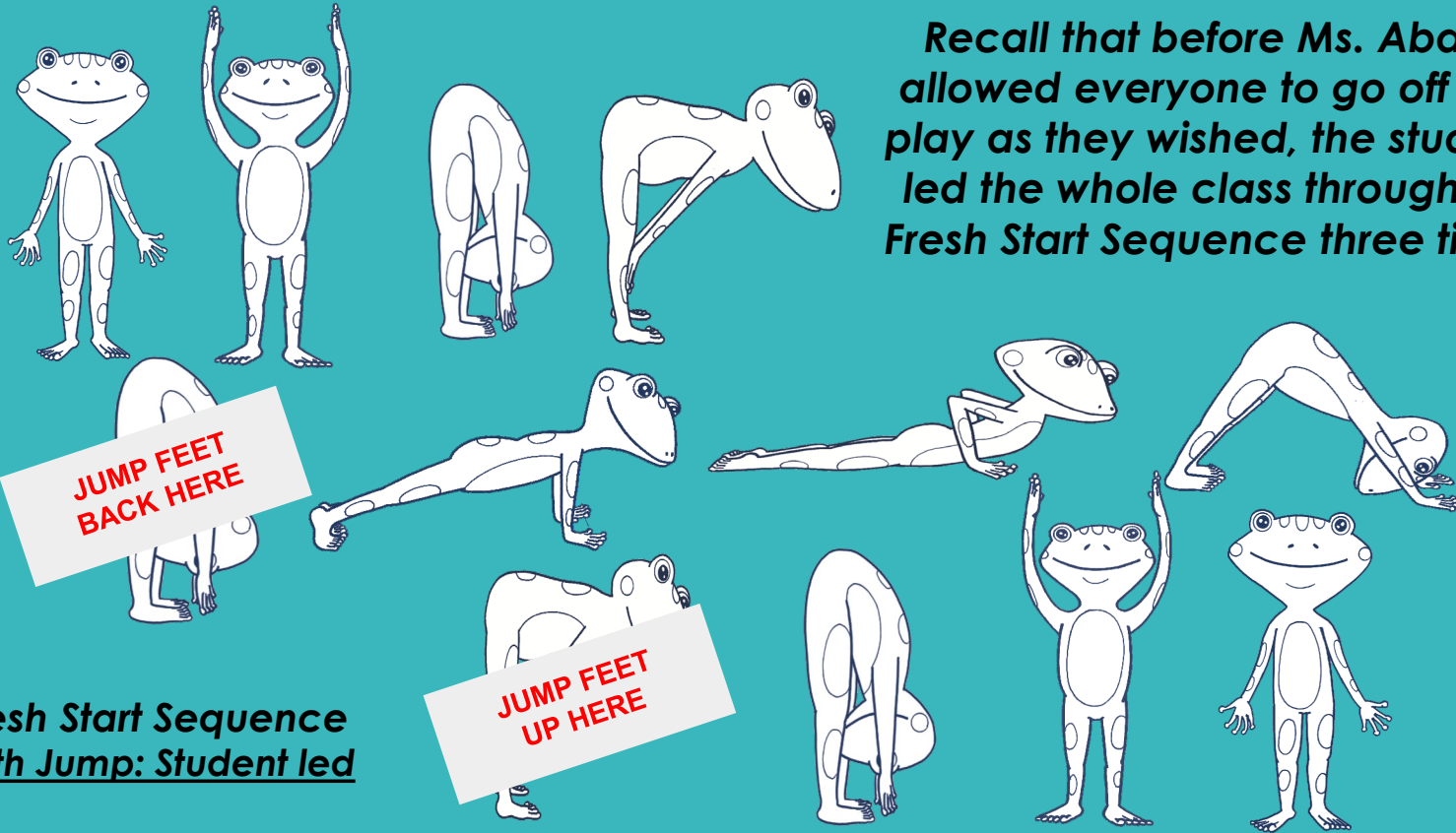
K-1



Maria and Michael are having their very first day of their new school. We left off with something happening at recess with their classmates, what was it?

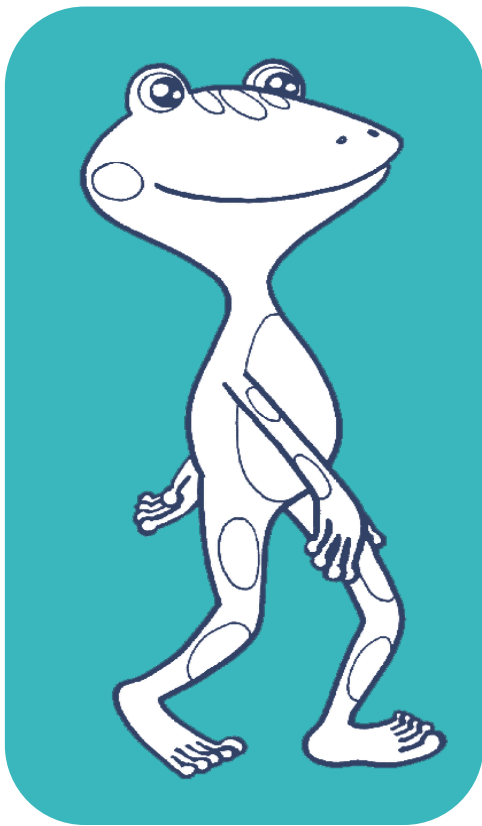
Since all of you have been practicing sharing fairly, let's see if we can figure out a way to help Maria and Michael's class solve their problem and share more fairly.

Recall that before Ms. Abdoo allowed everyone to go off and play as they wished, the students led the whole class through the Fresh Start Sequence three times.



Fresh Start Sequence
With Jump: Student led

After the Fresh Start Sequence, the students all RAN to their favorite activities!

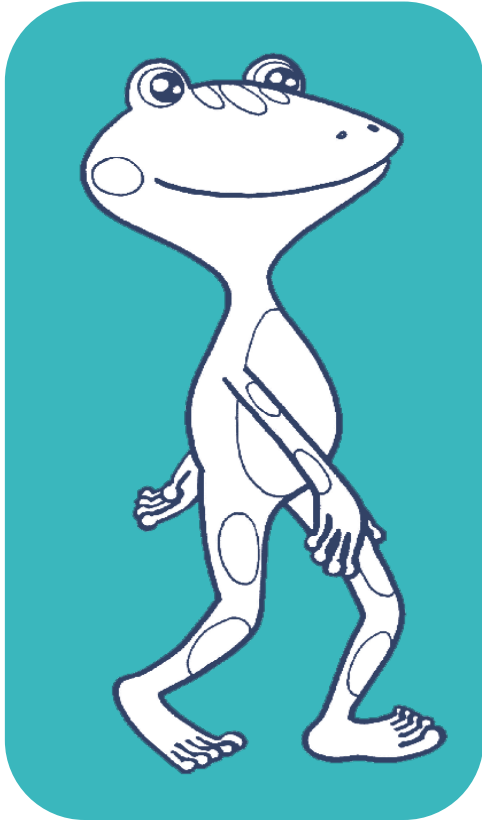


Mindful Walking

Maria and Michael walked mindfully to the playground.

They were excited for recess, but they were quite surprised to see what they found.

What did they find?



Mindful Walking

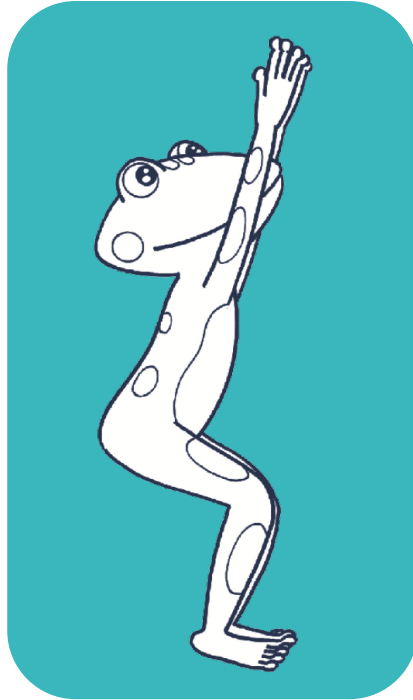
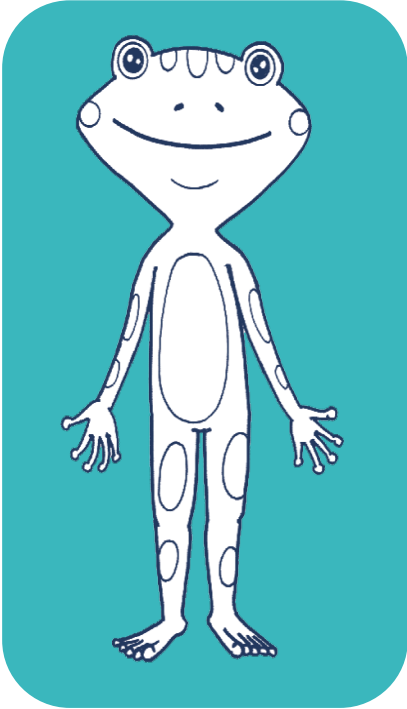
Everyone seemed to be arguing, yelling or crying!

They looked to the left.....

**.....and saw two boys fighting
over a swing.**

Not Sharing!

They looked straight.....



Mountain to Chair Swing

... and saw a classmate not sharing the jump rope with the other students.



They looked to the right.....

... and saw classmates arguing over a soccer ball. Each wanted to practice juggling it with their knees.



They looked behind.....

... and another girl was hugging a basketball and wouldn't let anyone else touch it!

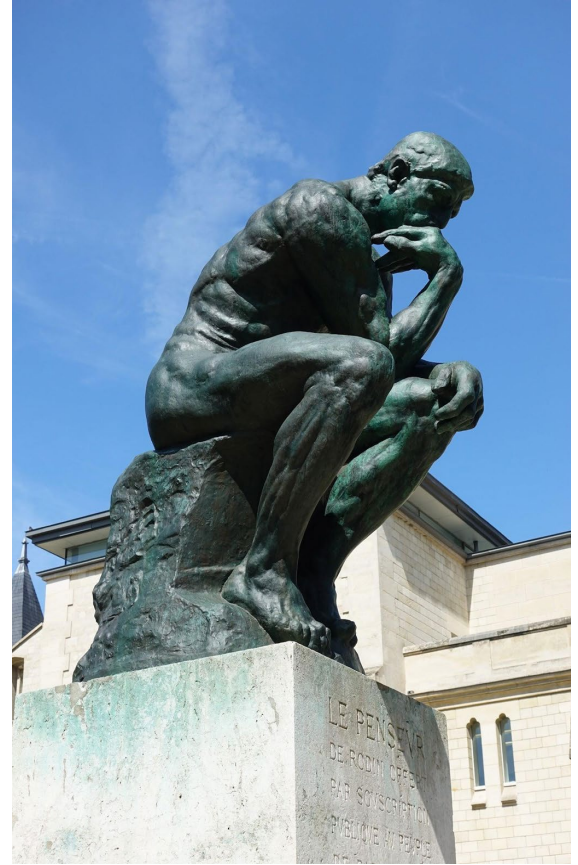


No one wanted to share!

Maria and Michael wanted to go over and help, but they felt that it would be hard to help when the students were fighting.

They sat down to think of what they could do.

- ***What does your mind look like when you are in an argument?***
- ***Is it hard to listen to someone well if we are in that state?***
- ***What can we do to calm down our angry thoughts?***





Anchors



???????

Maria and Michael decide to pause. They took a few breaths themselves to help them think better and more clearly.

Maria said, “First we can try to help our classmates calm and settle their minds too. Maybe we can think of a fun way for them to take a few breaths.”

And they remembered the cool breathing technique they had made up.

Do you remember what it is called?

After they finished practicing Take 5 Breath, Maria and Michael thought about it a bit more and were about to go share their technique with their classmates when they saw a couple students happily and peacefully playing together with a boat.



This seemed strange to Maria and Michael because everyone else was arguing. They decided to watch the students sharing the boat a little longer, to see if there was anything they could learn from them.

Maria and Michael came closer and saw that both the students were holding on to a boat and moving it along an imaginary river. There was only one boat, but there were two students. Each one took turns telling the other which way to turn, and they were able to both hold on to the boat as it traveled around the playground.



What do we need to do for one another so that we can do this pose together?

Partner Boat

Then Maria and Michael went to each group of students to see if they could help.

Acting It Out (Conflict, Pause, Resolution):

Today as a class, we are going to take turns playing out the situations. We're going to be actors! Some of you are going to pretend to be the children having trouble sharing, and some of you will pretend to be Maria and Michael. We will take turns acting out the parts.



Arguing Pair:

- **What does your angry face look like?**
- **What does your body look like?**
- **Where do you feel anger?**
- **What do you say to each other?**





Maria and Michael (Actors):

- **What would you say to the classmates arguing?**
- **How would you get them to pause and Take 5?**





Let's Reflect:

- **What did we learn from the classmates sharing the boat?**
- **What other ideas or options could you offer to resolve the issue?**



Partner Closing Sequence

Closing Sequence: Butterfly to Flower to Turtle

